

VENUE AND DURATION OF COURSE:

East Surrey College, Gatton Point, Redhill, RH1 2JX, 2 years Full-time, 3 days per week.

ENTRY REQUIREMENTS:

5 GCSE grade 9-4 (A*-C) including English and Maths.

WHAT QUALIFICATIONS WILL I GET?

This course is broken down into two one-year programmes.

On successful completion of the first year, you will obtain a BTEC Level 3 Foundation Diploma in Sport.

On successful completion of the second year, you will obtain a BTEC Level 3 Extended Diploma.

COURSE DESCRIPTION:

The course is a nationally recognised qualification with the same UCAS point equivalency to studying 1.5 A-Levels (over one year) or 3 A-Levels (over two years) and has been developed to meet the expanding employment opportunities within the sports industry. Sport and Leisure is one of the UK's fastest growing industries and it is becoming increasingly possible for enthusiastic, reliable, well-qualified young people to make a career in sport.

During your time at college you will undergo coursework units and assessments that will shape your coaching experience and give you a further understanding of the roles and jobs within the sport and leisure industry.

The trips throughout the course will aid your learning for the world outside of college. In previous years, trips have included GRIPPED outdoor, Ninja Warrior, Twickenham stadium tour and webinar, as well as the UK University Fair.

There will be a varied methods of assessment such as: coursework and practical assessments plus you will also take part in work experience to develop your skills & understanding within Sport environment.

All 16-18-year-olds are required to complete a minimum of 1 week's work placement (35 hours) * at a time agreed by your department head. Exact number of hours required will depend on the level course you are enrolled on.*

UNITS/TOPICS COVERED:

- Careers in the Sport and Activity Leisure Industry
- Health Wellbeing and Sport
- Developing Coaching Skills
- Sports Development
- Self-employment in Sport and Physical Activity
- Applied Coaching Skills
- Research Project in Sport
- Anatomy and Physiology
- Ethical and Current Issues in Sport
- Sports Psychology
- Nutrition



TYPE OF ASSESSMENT:

BTEC is a continual assessment programme that allows students to constantly improve and develop their portfolio. Assessment comes in a range of forms including reports, practical assessment and observation, online assessments and presentations.

EQUIPMENT NEEDED:

- You will need to purchase practical uniform including t-shirt, shorts and hoodie.
- You will need pens, paper and relevant stationery.

WHERE CAN IT LEAD?

Passing the course will allow you to move on to the second year. It can also lead to a range of industry-related jobs including but not limited to fitness instruction, coaching and event management. On completion of the two-year programme this could lead to a Degree courses within sport or employment in Coaching, Sports development and fitness industries, and so much more!

COURSE FEE:

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware that there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at clientservices@esc.ac.uk.

To apply online for this course please visit www.esc.ac.uk.

Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.